

VIKINGS' VENTURES

May is Mental Health Awareness Month

BY: KATHERINE ELEJALDE AND PAIGE MENDEZ



THE MONTH OF MAY IS MENTAL HEALTH AWARENESS MONTH. IN HONOR OF MENTAL HEALTH AWARENESS MONTH, MRS. RICHARDSON, ALONG WITH THE HELP OF MANY TEACHERS SUCH AS MRS. ARCHER, MRS. GONZALEZ, MRS. JONES, MRS. JUSTINIANO AND MRS. MONROE, HELPED PROMOTE HOW IMPORTANT MENTAL HEALTH IS. MRS. RICHARDSON AND MRS. JONES HAD STUDENTS CREATE A MURAL TO MAKE PEOPLE AWARE OF DIFFERENT MENTAL HEALTH ILLNESSES AND BE MORE INFORMED. MRS. ARCHER HELPED PUT UP POSTERS AROUND THE SCHOOL, AND MRS. JUSTINIANO HAD EACH OF HER STUDENTS WRITE SOMETHING NICE ABOUT SOMEONE THEY KNEW. FINALLY, MRS. GONZALEZ AND MRS. MONROE MADE A "HEALTHY FOOD, HEALTHY LIFE" WALL TO SHOW THAT OUR EATING HABITS CAN ALSO AFFECT OUR MENTAL HEALTH. ISABELLA URIARTE, ONE OF THE STUDENTS THAT HELPED MAKE THE MURAL, SAID "IT'S OKAY TO NOT BE OKAY!"



Teacher Talk

Dissecting Education with Ms. Gomberg

BY: DANIELLE AMORES, EMMA LEMUS, AND MARIANA OROZCO

SCIENCE AND FORENSICS TEACHER MS. GOMBERG HOSTED TWO LAB DISSECTIONS FOR HER STUDENTS. SHE DID A BABY PIG DISSECTION WITH HER FORENSICS CLASS AND A FROG DISSECTION WITH HER SCIENCE CLASSES. FOR THE FROG DISSECTION, STUDENTS WERE PLACED INTO GROUPS AND USED DIFFERENT TOOLS TO DISSECT THE FROGS. FOR THE PIG DISSECTION, STUDENTS BEGAN USING TOOLS TO DISSECT AND WEIGH ALL THE PIGS' ORGANS. THE PURPOSE OF BOTH DISSECTIONS WAS TO ALLOW THE STUDENTS TO HAVE A BETTER UNDERSTANDING OF THE HUMAN ANATOMY, AND TO ANALYZE THE STRUCTURES/FUNCTIONS OF HUMAN ANATOMY, BECAUSE OF THE ANATOMY OF EACH OF THESE ANIMALS BEING SO SIMILAR TO THE ORGANS FOUND IN THE HUMAN BODY. THE STUDENTS WERE ABLE TO EXPERIENCE A UNIQUE LAB WITH MS. GOMBERG, AND WILL DEFINITELY REMEMBER THIS ACTIVITY!



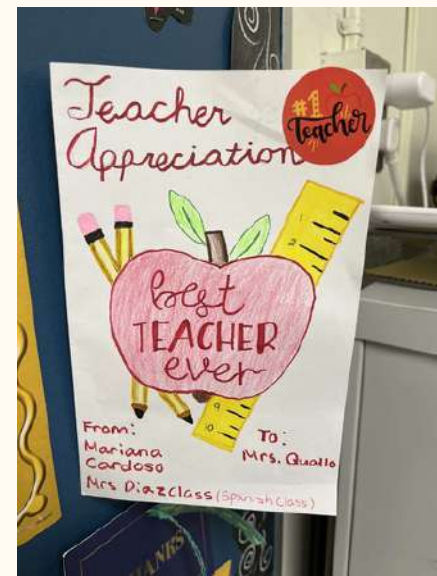
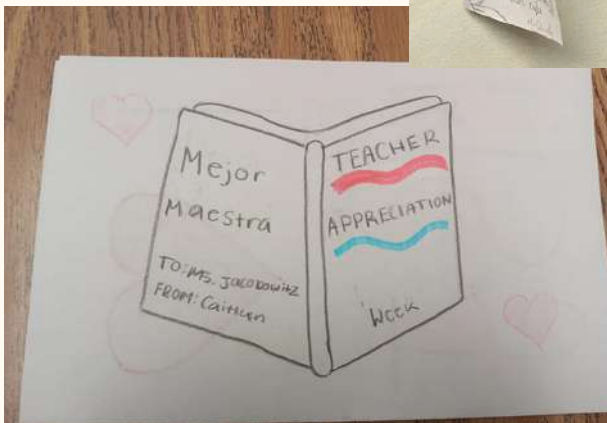
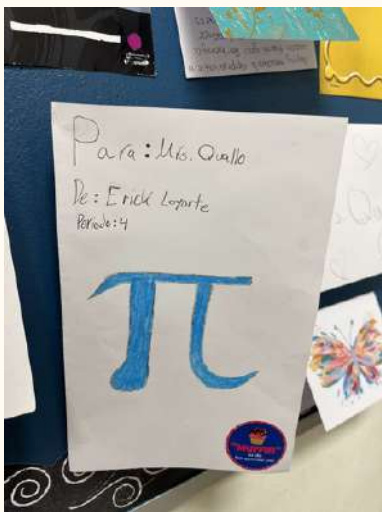
Teacher Talk

Teacher Appreciation is ALL Languages with Ms. Diaz

BY: LOUREN ARROYAVE, ANA ESCOBAR, AND VICTORIA GRANIERO

For Teacher Appreciation Week, Ms. Diaz did an activity with her students to show support and appreciation to the teachers. Her Spanish students wrote teacher appreciation cards to the teacher of their choice, with a note in Spanish. Cards were delivered personally to the teachers.

Ms. Diaz said that she chose the activity because "I think it is very important to teach students how to be thankful" and the activity gave students an opportunity to express their appreciation to their teachers.



Teacher Appreciation Week Celebrating Arvida Middle's Teachers

BY: LIAH BLANCO AND NICOLE FLORES

TEACHER APPRECIATION WEEK WAS KICKED OFF WITH A TEACHER APPRECIATION LUNCHEON! THE WEEK OF MAY 6TH -10TH WAS NATIONAL TEACHER APPRECIATION WEEK. A WEEK WHERE WE APPRECIATED ALL OUR TEACHERS FOR THEIR HARD WORK, FOR TEACHING US, HELPING US AND EVERYTHING THEY DO FOR US ON A DAILY BASIS. EACH DAY WAS A DIFFERENT GESTURE TO SHOW HOW ARVIDA APPRECIATES THEIR TEACHERS: TEACHERS WERE GIVEN SNACKS AS A CART PASSED AROUND ALL THE TEACHERS' CLASSROOMS, ANOTHER DAY THEY WERE GIFTED WITH COOL GEL PENS, THEY HAD AN ICE CREAM SOCIAL AND EVEN NICE CANDLES! STUDENTS ALSO WROTE CARDS TO THEIR TEACHERS TO SHOW THEM APPRECIATION. ONCE AGAIN, THANK YOU TO ALL OUR TEACHERS FOR THEIR LOVE AND SUPPORT!



Gradventure!

8th Grade Adventures

BY: ALEXANDRA BLANCO AND GIANLUCA VENCE

GRADVENTURE, A THRILLING EXPERIENCE FOR OUR 8TH GRADERS TO HAVE MEMORIES TO CHERISH FOREVER AFTER THEY MOVE ON TO HIGH SCHOOL!

THIS EVENT WAS AN END OF THE YEAR TRIP FOR ALL 8TH GRADERS TO CELEBRATE THEIR GRADUATING FROM MIDDLE SCHOOL. IT TOOK PLACE MAY 3RD IN UNIVERSAL STUDIOS RESORT FROM 4 P.M. ALL THE WAY TO 12 A.M.!

A FULL 8 HOURS OF FUN AND ROLLER COASTERS WITH FRIENDS! THE STUDENTS COULD ROAM FREE IN BOTH PARKS ALONGSIDE OTHER SCHOOLS INCLUDING AMMONS, JMC, AND MORE! THE STUDENTS EVEN GOT THEIR OWN SHIRTS TO KEEP AS A MEMORY. GRADVENTURE WAS A TRIP THAT 8TH GRADE STUDENTS WERE LOOKING FORWARD TO ALL YEAR! WHAT A WAY TO END OUR 3 YEARS AT ARVIDA MIDDLE SCHOOL!



Commemorating a Year of Sports

BY: EDUARDO CERRA, ADRIAN MEDINA, AND DANIEL RAMIREZ

THIS SCHOOL YEAR HAS BEEN REMARKABLY SUCCESSFUL FOR ARVIDA'S SPORTS. MS. TAMIKA AND COACH PRESSLEYS' GIRLS BASKETBALL TEAM ONLY LOST ONE GAME IN THE ENTIRE SEASON! IMPRESSIVE RIGHT? MR. FOSTER'S GIRLS SOCCER ONLY WON ONE GAME THE ENTIRE SEASON, BUT THEY LEARNED ABOUT TEAM EFFORT, HARD WORK, AND DEDICATION. MR. FOSTER FEELS ENORMOUSLY PROUD OF HIS YOUNG ATHLETES. FINALLY, MS. JONES-WHYTE'S CROSS-COUNTRY AND TRACK TEAM EARNED MANY MEDALS FOR MANY DIFFERENT EVENTS. WHAT A SEASON FOR THIS YEAR'S ATHLETIC VIKINGS!



"THE GIRLS BASKETBALL TEAM HAD A FABULOUS SEASON, ONLY LOSING ONE GAME IN THE ENTIRE REGULAR SEASON. THEY WORKED EXTRA HARD AND SHOWED LOTS OF TEAM EFFORT. WE CANNOT WAIT FOR THE NEXT SEASON!"

-MS. TAMIKA



"FIRST OF ALL, I AM VERY PROUD OF WHAT THE GIRLS DID, ALTHOUGH WE ONLY WON 1 GAME, IT WAS LIKE A REBUILD BECAUSE LAST YEAR DIDN'T HAVE A GIRLS SOCCER PROGRAM."

-MR. FOSTER



"THIS TRACK SEASON WAS ONE FOR THE RECORD BOOKS, I ONLY HAD 3 JV GIRLS AND THESE GIRLS CAME IN 1ST AND 2ND PLACE IN THE MIAMI-DADE 400 & 800. AND MY VARSITY 8TH GRADERS CAME HOME WITH A BUNCH OF MEDALS AND ONE OF MY JV BOYS, LIAM AVILA FINALLY BROUGHT HOME A MEDAL- AFTER PROMISING ME FOR A LONG TIME!"

-MRS. JONES-WHYTE

Global Upgrades & Updates

What's the difference between a duck and a hen?

BY: SOFIA LERGIER AND SOFIA NEYRA

Ms. Rivero's chickens and new duck are females, another name for a female duck is a hen. The hen and chickens are three and a half months old. They eat Scratch Grains and "Start and Grow Feed."

They also eat "Flock Raiser Feed." The hens can live in environmental habitats as cold as 20 Degrees Fahrenheit! Chickens can be in environmental habitats as cold 45 Degrees Fahrenheit. With the Miami heat, hens and chickens can be in environmental habitats as hot as temperatures between 75 and 80 Degrees Fahrenheit. Chickens and hens have to be part in the shade and part in the sun, but the hen also has its own pool! Some fun fact about chickens are: Chickens are living descendants of dinosaurs and they have better color vision than humans! Some fun facts about hens are: Hen bills are as sensitive as human fingertips; hens are super social animals; and they have regional accents!



NJHS & Viking Council

Elected Officers for 2024-2025

BY: JAYLEEN CAZARES

VIKING COUNCIL

FOR MAY, VIKING COUNCIL AND NJHS ASKED ANY 7TH GRADE STUDENTS WHO WANTED TO TAKE CHARGE AND APPLY TO BE AN OFFICER NEXT YEAR TO WRITE A SPEECH AND TURN IN A FORM TO BECOME A PART OF THE RUNNING. OFFICERS WERE SELECTED AT THE POTLUCK. THE POTLUCK IS AN EVENT THAT GIVES STUDENTS THE OPPORTUNITY TO SPEND TIME IN A COLLABORATING ENVIRONMENT AND IT ALLOWS EVERYONE TO BE A BIG HAPPY FAMILY.

MS. JUSTINIANO CHOSE LAYLA SALCEDO FOR PRESIDENT, MOLLY HUANG FOR VICE PRESIDENT, MARCO BOTE FOR SECRETARY, AND JAYLEEN CAZARES FOR HISTORIAN OF VIKING COUNCIL 2024-2025. THE REASON BEHIND CHOOSING THESE OFFICERS WAS BECAUSE

MS. J SAID THAT "THEY ARE CONTINUALLY ACTIVE IN VIKING COUNCIL AND HAVE DEMONSTRATED NATURAL LEADERSHIP QUALITIES. THEY ARE ROLE MODEL STUDENTS WHO REPRESENT ARVIDA WELL BOTH IN SCHOOL AND WITHIN THE COMMUNITY. INDIVIDUALLY THESE NEW OFFICERS ARE AMAZING, BUT TOGETHER THEY ARE A POWERHOUSE." ALTHOUGH SHE IS SAD TO SEE THE EIGHTH GRADERS GO, SHE IS ALSO EXTREMELY EXCITED FOR THE NEXT CHAPTER OF VIKING COUNCIL.



NATIONAL JUNIOR HONOR SOCIETY

NJHS CHOSE TO SELECT STUDENTS THAT THEY THINK WOULD FIT THE ROLE OF BEING THE UPCOMING OFFICERS AND ANNOUNCED THEM AT THE POTLUCK. FOSTER BELIEVES

THAT THE POTLUCK IS A CHANCE FOR SERVICE CLUBS TO COME TOGETHER AND CELEBRATE THEIR ACCOMPLISHMENTS OF THE YEAR. THEY CHOSE ELECTED OFFICERS BECAUSE THEY ARE INCREDIBLE LEADERS, THEY ARE ALWAYS ONE STEP ABOVE EVERYONE ELSE, AND THEY ARE GREAT TEAM PLAYERS. THESE OFFICERS ARE MARIE FLORENZANO FOR PRESIDENT, EMILY GONZALEZ FOR VICE PRESIDENT, JAYLEEN CAZARES FOR SECRETARY, AND ANTHONY TRENTLER FOR HISTORIAN. MR. FOSTER'S ENCOURAGING QUOTE IS "DON'T LOOK BACK, LOOK FORWARD BECAUSE THERE IS A MUCH OF INCREDIBLE THINGS THAT ARE WAITING TO COME."

Officer Appreciation

BY: ALEJANDRO CEDENO AND JESUS FERNANDEZ

ON MAY 10TH, ARVIDA MIDDLE SCHOOL CELEBRATED OUR DEDICATED SCHOOL POLICE OFFICERS FOR ALL THE HARD WORK THEY DO TO KEEP OUR SCHOOL SAFE. THE OFFICERS LOVE WORKING AT OUR SCHOOL, AND THEY ESPECIALLY LOVE WORKING WITH AND HELPING OUR AMAZING STUDENTS. OFFICER WALKER SAYS, "I LOVE BEING AN OFFICER AT ARVIDA. I FEEL VERY APPRECIATED HERE AND I ENJOY MAKING AN IMPACT ON THE CHILDREN." THANK YOU TO ALL OF OUR SCHOOL POLICE AND LAW ENFORCEMENT FOR KEEPING OUR SCHOOL SAFE.



Thank You to Our PTSA

BY: GYANNA LLERA AND SAMANTHA PARGAS

THIS MONTH OF MAY INSTEAD OF EXPLAINING WHAT EVENTS THE PTSA IS HOSTING WE TOOK THE CHANCE TO CELEBRATE AND GIVE THANKS TO OUR PTSA FOR EVERYTHING THEY HAVE DONE FOR US AT ARVIDA MIDDLE SCHOOL! OUR PTSA HAS SUPPORTED SO MANY THINGS AND EVENTS FOR OUR SCHOOL THROUGHOUT THE YEAR INCLUDING ICE CREAM FOR THE TEACHERS, HELPING WITH CHAPERONING FIELD TRIPS AND SPORTS EVENTS, ORGANIZING MANY OF THE SCHOOL EVENTS, AND MOST IMPORTANTLY, RAISING A GREAT DEAL OF FUNDS FOR OUR SCHOOL. OUR PTSA HAS GONE ABOVE AND BEYOND THE STANDARDS OF BEING THE BEST PTSA THIS SCHOOL COULD ASK FOR. WE ARE EXTREMELY GRATEFUL FOR THE WORK AND DEDICATION OUR PTSA HAS DONE AND CONTINUES TO DO FOR OUR SCHOOL!

