

Welcome to the tryouts for the Arvida Middle School Spirit Cheerleading Team
For the 2026-2027 School Year

Step 1: Complete this packet and submit it to Mrs. Paolella, in room 251, by May 18th. Incoming 6th graders can email the packet to apaolella503@dadeschools.net. Make sure to include "Tryout Packet" in the subject line. At that time, you will receive a try out number.

Step 2: Clinics: Clinics will be held on Wednesday and Thursday, May 20-21st at Arvida, from 4:00-5:30. Prospective Cheerleaders will be taught a cheer, jumps, and a short dance. Make sure to write your number on an index card and safety pin it to your shirt. Try out numbers should be visible at all times.

Step 3: Tryouts: Tryouts are Friday, May 22nd starting at 4:00. PM When it is your turn, you will perform the cheer, jumps, and dance for the judges. As soon as you perform, you may leave. Prospective cheerleaders will perform in groups of 3. Make sure to wear your try out number.

You will be judged on the following:

Jumps - Height, pointed toes, straight back, controlled preparations and landing, motion placement.

Cheer - Precise (sharp) motions, strong vocal projection, memory of words.

Dance - Coordination, rhythm, precise motions, memory of dance.

Poise and Facial Expression - Shows enthusiasm and crowd appeal, ability to recover if mistakes are made, self-confidence.

Appearance and Overall Impression- Tidy attire with visible tryout number, hair out of face, skills, spirit, cheering and dance ability.

Tumbling Skills (Optional/ Bonus Points) – For those participants who have tumbling skills (back walk over and/or back handspring). It is extremely important that you are only performing skills that you have mastered and can do on your own.

Results: The Arvida Cheerleading Spirit Squad tryout results will be posted @Arvida.Cheer Instagram, **Monday, May 25th at 4:00 PM.**

For those selected to the team, there will be a mandatory cheerleader and parent meeting to meet with the sponsor and coaches on May 28th at 6 pm. Meeting will be held in the school auditorium.

PLEASE KEEP THIS PAGE!

PARTICIPANT NAME: _____

TRYOUT NUMBER: _____

CURRENT GRADE: _____ ID# _____

GRADE IN 2026-2027: _____

*****THIS PACKET IS DUE NO LATER THAN Monday, May 18, 2026. ALL FORMS MUST BE COMPLETED*****

You have taken the first step in becoming a member of Arvida Middle School's Spirit Cheerleading Squad. Arvida Cheerleaders will participate in school sponsored functions (i.e. open house and assemblies, Trunk or Treat, Viking Fest, parades, and other special events) and will cheer for our afterschool intermural teams throughout the school year. Practices will begin August 2026. All cheerleaders are expected to be at every practice, unless **excused 48 hours in advance** by the sponsor and coaches.

Review the information contained in this packet with your parents, and give careful consideration to the time, practices, financial, and squad obligations, before a commitment is made. Being an Arvida Middle School Cheerleader is a prestigious honor, one that must be **earned and maintained**.

TO TRYOUT FOR THE CHEERLEADING TEAM, YOU MUST MEET THE FOLLOWING CRITERIA:

- **Academic Achievement** - All academic grades must be **A's, B's or C's**. - **Nothing lower than a C**. You must have a 2.5 grade point average or higher in all academic classes.
- **Conduct**-All conduct grades must be **A's or B's**. - **Nothing lower than a B**.
- **Effort** - must be **1's or 2's**. -**Nothing lower than a 2**.
- No disciplinary referrals.
- **Attach a COPY of your last report card** which reflects your grades & attendance for the 2025 - 2026 school year. This can be obtained via the Student Portal, please ensure it is the "report card" not just class grades.
- Attach a headshot picture of yourself (NOT in cheer attire and NO bigger than a 2 x 3).
- Satisfactory completion of this packet - Must be submitted to Mrs. Paolella, in room 251, no later than May 18, 2026. At that time, you will receive a try out number.
- Incoming 6th graders can email the packet to apaolella503@dadeschools.net. Make sure to include "Tryout Packet" in the subject line.
- **Parent/guardian MUST sign every page - Commitment from parents and students is mandatory.**

DRESS CODE FOR TRYOUTS:

For clinics, wear athletic attire. For tryouts wear a black shirt with black shorts. No jean shorts, low cut shirts, cropped tops, or half tops. Prospective cheerleaders must wear athletic sneakers and standard white, low-cut socks. Hair must be in a neat ponytail with a bow(not an Arvida bow) and no hair in the face. Sports bras are required. No jewelry of any kind is allowed.

Please use a 4 x 6 Index Card to write your tryout number on. Please be sure your number is visible.

If you feel you are committed to uphold the requirements of an Arvida Middle School Cheerleader and are proud to represent your school, we welcome you as a prospective cheerleader.

PARENT SIGNATURE

PARTICIPANT SIGNATURE

Arvida Middle School Spirit Squad Cheerleading Contact Information

****PLEASE WRITE NEATLY! ****

STUDENT Name: _____ Grade: _____
Last First 2026-2027

Address: _____ Zip: _____

Home Phone: _____ Cell: _____

Email: _____ Birth Date: _____

Guardian's Name: _____

Email: _____

Home Phone: _____ Work: _____ Cell: _____

PARENT SIGNATURE

PARTICIPANT SIGNATURE

**2026-2027 ARVIDA MIDDLE SCHOOL SPIRIT SQUAD CHEERLEADERS
RULES, REGULATIONS AND RESPONSIBILITIES**

An Arvida Cheerleader represents Arvida Middle School and must set the highest standards of character and conduct. Everything a cheerleader does reflects on the squad. For this reason, cheerleaders must always set a good example and be careful to act in a courteous and respectful manner. Cheerleaders must be conscious of the fact that they are constantly on display, representing Arvida Middle School even when they are not wearing their uniform.

- ★ An Arvida Cheerleader must obey ALL school rules, always follow the dress code, and promote school spirit.
- ★ Arvida Cheerleaders are not permitted to be a member of a group or make comments on Facebook, Instagram, Snapchat, Twitter, (or any other social networking site) that is negative or derogatory to another student, staff member, or booster club member.
- ★ If you are injured, you must still attend practices and specified events even though you are unable to physically participate. You will be required to sit with the sponsor or coaches and lend support to the team. A doctor's note is required to return to practice.
- ★ All members of the squad that are not performance ready will be removed from games or routines until the sponsor and coaches feel they are performance ready.
- ★ Cheerleading is a year-long commitment. Practices start in August and will end in May. Details will be discussed at the Parent / Cheerleading meeting on May 28, 2026.
- ★ Attendance is a very crucial part of being a cheerleader. As you know cheerleading is not an individual sport. The entire team must be dedicated to attending ALL practices and ALL events.

PARENT SIGNATURE

PARTICIPANT SIGNATURE

2026-2027
ARVIDA MIDDLE SCHOOL SPIRIT SQUAD CHEERLEADING

Parent Meeting: The first **MANDATORY** parent/cheerleader meeting will be held on May 28th, 2026, at 6:00 pm. Attendance by parents and cheerleaders is a must. If a parent does not attend without the prior approval of the sponsor, the cheerleader will be dismissed from the squad.

This meeting will be a fitting for uniform. All current Arvida students must attend at 4:30 PM and all incoming Arvida students must attend at 6:00 PM.

The parent meeting will begin at 6:00 PM sharp.

First Deposit: Parents will be required to make the first payment of \$300.00 by June 10th, 2026.

Camp Dates: *SAVE THE DATES; 100% MANDATORY:* August 6th-7th there will be a MANDATORY cheer camp at Arvida Middle School; 9:30 AM-12:00 PM.

Practices: Practices will be held Mondays, at Arvida, from 4:00 PM to 6:00 PM All practices are mandatory unless excused **48 hours** in advance, by the sponsor and coaches. Additional practices will be scheduled as deemed necessary by the sponsor/coaches.

First Team Practice: The first practice will be held Monday, August 17th.

PARENT SIGNATURE

PARTICIPANT SIGNATURE

2025-2026 Budget

Deposit 1: **DUE JUNE 1st**
Mandatory Uniform Bundle

Uniform (Top & Bottom)	
Briefs	
Uniform Bow	
Practice Bow	
Practice Top	
Spirit Shirt	
Bag	
Jacket	

Total: \$300.00

MONTHLY FEES: Paid to the AMS Booster Club

Monthly Fees (August-April)	\$40.00
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If an athlete is dismissed or quits from the squad, there will be no refunds of paid funds.

****Note:** Fundraising will take place to alleviate some of the extra costs. Every athlete and parent have the right and is expected to participate in all fundraising events. The booster club, which is assembled by the parents, is responsible for coming up with fundraising ideas to help minimize costs.

PARENT SIGNATURE

PARTICIPANT SIGNATURE

2026-2027
ARVIDA MIDDLE SCHOOL SPIRIT SQUAD CHEERLEADING
APPLICATION CHECKLIST

Have you turned in the following?

A COPY of your report card for the 2025 - 2026 first three grading periods.

A picture of yourself (NOT in cheer attire and no bigger than 4 x 6)

ALL PAGES: Must be signed by both parent and participants

Please be sure to attach your tryout number to your shirt or shorts with a safety pin.

*REMEMBER, CHEERLEADERS MUST BE ABLE TO FOLLOW DIRECTIONS.
THEREFORE, TAKE YOUR TIME AND TURN IN ALL REQUIRED PAPERWORK ON TIME.

I, _____ (parent / legal guardian's name) verify that my child, _____ (child's name) is physically fit and can participate in clinic/tryout activities; releases Arvida Middle School from liability during clinics/tryouts; and, has my permission to participate in Arvida Middle School Cheerleading activities for the 2026-2027 cheerleading season.

I HAVE READ AND UNDERSTAND THE ABOVE POLICIES FOR PARTICIPATION ON THE ARVIDA COMPETITION CHEERLEADING SQUAD, AND I ACCEPT THEM AS GOVERNING MY PARTICIPATION. WE REALIZE THAT THE SELECTION OF THE TEAM IS FINAL AND THAT THE JUDGES' SCORES AND COMMENTS WILL NOT BE VIEWED OR DISCUSSED.

PARENT SIGNATURE

PARTICIPANT SIGNATURE