

Welcome to Arvida Middle School Cheerleading Team
Virtual Tryouts 2021

The process for the tryouts is as follows:

Step 1: Complete this packet and submit a copy via email to VikingsCheer2021@gmail.com **DUE May 13th by 6 PM.** Once we have received your packet, we will send you a tryout number and a YouTube link to our tryout page.

Step 2:

Watch and Learn the tryout material: You will receive the links to the three instructional videos (cheer, dance, and jumps) that you will need to learn. This is what you will be judged on. The videos will be available Saturday, May 15th at 8:00 AM until Sunday, May 16th at 9:00 PM. In order to tryout, you must watch, learn and perform the material/routines in the videos.

Step 3: Tryout videos submission: After you have learned the material, you will need to have someone record you performing the jumps, cheer, and dance. You will have to open up a GMAIL account in order to send us your video. You will email the video to VikingsCheer2021@gmail.com. **Videos must be submitted by Monday, May 17th, 2021 NO LATER THAN 6:00 PM.** Any emails received after 6:00 PM will be disqualified from tryouts.

Instructions for what will need to be in your video:

1. Please make sure that your appearance is that of a cheerleader, meaning you will need to have sportswear attire (i.e., t-shirt, cheer shorts, leggings), hair is to be worn in a high pony tail with a bow, and your attire should represent school spirit; feel free to get creative with your look. **Your tryout number must be visible.** Please use a 4 x 6 Index Card to write your tryout number on; you are encouraged to decorate your tryout number to show your school spirit.
2. You will need to have someone record you from a front view. This video will need to have the material that was shown in the cheerleading instructional videos. You must be the only one in the video. You can only demonstrate the Cheer, Dance, and Jumps – ONE TIME. Your video cannot be slowed down or sped up – doing so will cause immediate disqualification from the tryouts.
3. Your video must start with you stating your full name, and the tryout number assigned to you.
4. Next you will perform the two jumps (toe touch and pike), you must count during your jump just like in the instructional video.
5. After that you will perform the cheer (must say all words), and lastly you will perform the dance (music will be sent via email as well).
6. You must have the approval of your parent before submitting the video.

You will be judged on the following throughout your video:

Jumps - Height, pointed toes, straight back, controlled preparations and landing, motion placement.

Cheer - Precise (sharp) motions, strong vocal projection, memory of words.

Dance - Coordination, rhythm, precise motions, memory of dance.

Poise and Facial Expression - Shows enthusiasm and crowd appeal, ability to recover if mistakes are made, self-confidence.

Appearance and Overall Impression- Tidy attire with visible tryout number, hair out of face, skills, spirit, cheering and dance ability.

**** Please remember you will also be judged on your tryout packet and grades****

Tumbling Skills (Optional/ Bonus Points) – For those participants who have tumbling skills, please submit a second video showing us any tumbling skills that you have perfected. It can be an old video but no older than 1 year.***It's extremely important that you are only showing us skills that you have mastered and can do on your own, and that you have received approval to perform this skill safely from your Cheerleading, Dance, Acro, or Gymnastics Instructor. It is recommended that these skills are only done within a surface that you feel comfortable doing it on. Please send us the link to this video along with your tryout material video link.

Results: The Arvida Competition Cheerleading tryout results will be posted on the school website, @ArvidaVikings_Cheer Instagram, and you will also receive an email welcoming you to the team. The results will be posted **Friday, May 21st at 4:00 PM.**

For those selected to the team, there will be a parent meeting along with the sponsor and coaches on May 27th at 7 pm. Meeting will be held at the following location:

Evolution Cheer Gym
11921 SW 130th St Suite 405
Miami, FL 33186

PLEASE KEEP THIS PAGE!

PARTICIPANT NAME: _____

TRYOUT NUMBER: _____

CURRENT GRADE: _____ ID# _____

GRADE IN 2021 - 2022: _____

SHIRT SIZE (make sure to indicate youth or adult) _____

*****THIS PACKET IS DUE NO LATER THAN WEDNESDAY, May 13, 2020. ALL FORMS MUST BE COMPLETED*****
****Tryout Packet may be turned in prior to May 13th****

You have taken the first step in becoming a member of Arvida Middle School's Competition Cheerleading Squad. In addition to competitions, Arvida Cheerleaders will participate in school sponsored functions (i.e. open house and assemblies, Viking Fest and other special events) and will cheer for our afterschool intermural teams throughout the school year. Practices will begin August 2021. All cheerleaders are expected to be at every practice unless **excused 24 hours in advance** by the sponsor or coaches.

Review the information contained in this packet with your parents, and give careful consideration to the time, practices, financial, and squad obligations, before a commitment is made. Being an Arvida Middle School Competition Cheerleader is a prestigious honor, one that must be **earned and maintained**.

TO TRYOUT FOR THE COMPETITION CHEERLEADING TEAM, YOU MUST MEET THE FOLLOWING CRITERIA:

- **Academic Achievement** - All academic grades must be **A's, B's or C's**. - **Nothing lower than a C**. You must have a 2.5 grade point average or higher in all academic classes.
- **Conduct**-All conduct grades must be **A's or B's**. - **Nothing lower than a B**.
- **Effort** - must be **1's or 2's**. -**Nothing lower than a 2**.
- No more than **5** unexcused absences and tardies. No more than 15 excused early from school.
- No disciplinary referrals.
- *Attach a **COPY** of your last report card* which reflects your grades & attendance for the 2020 - 2021 school year. This can be obtained via the Student Portal, please ensure it is the "report card" not just class grades.
- Attach a headshot picture of yourself (NOT in cheer attire and NO bigger than a 2 x 3).
- Satisfactory completion of this packet - Must be submitted to VikingsCheer2021@gmail.com. no later than **MAY 13, 2021**. **You will receive a tryout number via email from VikingsCheer2021@gmail.com.**
- **Parent/guardian MUST sign every page - Commitment from Parents and Students is necessary.**

DRESS CODE FOR TRYOUTS:

Cheer, gym, or P.E. shorts. Acceptable shirts include Arvida t-shirt or school t-shirt (non-cheerleading). No jean shorts, tank tops, low cut shirts, cropped tops, or half tops. Prospective cheerleaders must wear athletic sneakers and standard white, low-cut socks. Hair must be in a neat ponytail with a bow and no hair in the face. Sports bras are required. No jewelry of any kind is allowed.

Please use a 4 x 6 Index Card to write your tryout number on. You are encouraged to decorate your tryout number and/or shirt to show your school spirit. Please be sure your number is still visible.

If you feel you are committed to uphold the requirements of an Arvida Middle School Competition Cheerleader and are proud to represent your school, we welcome you as a prospective competition cheerleader.

PARENT SIGNATURE

PARTICIPANT SIGNATURE

Arvida Middle School Competition Cheerleading Contact Information

****PLEASE WRITE NEATLY!!!****

STUDENT Name: _____ Grade: _____
Last First 2021 - 2022

Address: _____ Zip: _____

Home Phone: _____ Cell: _____

Email: _____ Birth Date: _____

Guardian's Name: _____

Email: _____

Home Phone: _____ Work: _____ Cell: _____

(2nd) Guardian's Name: _____

Email: _____

Home Phone: _____ Work: _____ Cell: _____

LIST ANY MEDICAL CONDITIONS THAT MAY RESTRICT YOU FROM PARTICIPATING IN ANY PHYSICAL ACTIVITIES:

Insurance Company _____ Policy # _____

Doctor's Name _____ Phone # _____

PARENT SIGNATURE

PARTICIPANT SIGNATURE

2021 - 2022 ARVIDA MIDDLE SCHOOL COMPETITION CHEERLEADERS RULES, REGULATIONS AND RESPONSIBILITIES

An Arvida Competition Cheerleader represents Arvida Middle School and must set the highest standards of character and conduct. Everything a cheerleader does reflects on the squad. For this reason, cheerleaders must always set a good example and be careful to act in a courteous and respectful manner. Cheerleaders must be conscious of the fact that they are constantly on display, representing Arvida Middle School even when they are not wearing their uniform.

- ★ An Arvida Cheerleader must obey ALL school rules, always follow the dress code, and promote school spirit.
- ★ Arvida cheer practices and activities (fundraising, cheer camp, competitions, games, and performances) MUST be a priority. Other activities, including school clubs and afterschool activities (Band, Orchestra, Drama, etc.) cannot conflict with our schedule. Arvida Cheerleaders may NOT participate in other school sports or club sports teams. Arvida Cheerleaders may NOT be a member of an All Star squad or any other cheer squad.
- ★ Arvida Cheerleaders are not permitted to be a member of a fan or group or make comments on Facebook, Instagram, Snapchat, Twitter, (or any other social networking site) that is negative or derogatory to another student, staff member, or booster club member.
- ★ If you are injured, you must still attend practices and specified events even though you are unable to physically participate. You will be required to sit with the sponsor or coaches and lend support to the team. A doctor's note is required to return to practice.
- ★ All members of the squad that are not performance ready will be removed from the routine until the sponsor and coaches feel they are performance ready.
- ★ Cheerleading is a year-long commitment. Practices start in August and will end in May. Details will be discussed at the Parent / Cheerleading meeting on May 27, 2021.
- ★ If you quit or are dismissed from, the Arvida Middle School cheerleading squad after being selected to be a member, you are not eligible to tryout the following season.
- ★ Attendance is a very crucial part of being a cheerleader. As you know cheerleading is not an individual sport. The entire team must be dedicated to attending ALL practices and ALL events.

PARENT SIGNATURE

PARTICIPANT SIGNATURE

CHEERLEADERS WILL RECEIVE DEMERITS FOR THE FOLLOWING:

Three demerits – Two Weeks Suspension from Squad -- **Six demerits** – Dismissal from Squad

- ★ Unexcused absence from school activity/event without the approval of the school sponsor.
- ★ Unexcused tardy or absence from practice without the approval of the coaches.
- ★ Using profanity during any cheer practice or event.
- ★ Failure to wear proper uniform to an event.
- ★ Behaviors affecting practice may result in additional sanctions by the sponsor: Removal from routine, service to the team, and additional practices.
- ★ All detentions, and any disciplinary/academic problems at school must be reported to sponsor.

CHEERLEADERS MAY BE DISMISSED FROM THE SQUAD FOR THE FOLLOWING REASONS:

- ★ Not attending a specified school cheer event without prior approval.
- ★ Failure to meet the requirements of the academic/conduct probation or falling below a 2.5 in academics.
- ★ Stealing or fighting.
- ★ Indoor or outdoor suspension.
- ★ Receiving more than three detentions.
- ★ Failure to follow instructions or disrespect of the sponsor, coaches, teachers, or any member of the team.
- ★ Behavior problems, gossiping, or lying, affecting the morale of the squad.
- ★ **Any other inappropriate behavior as determined by the sponsor or school administration.**

I, _____ (parent / legal guardian's name) verify that my child, _____ (child's name) is physically fit and can participate in clinic/tryout activities; releases Arvida Middle School from liability during clinics/tryouts; and, has my permission to participate in Arvida Middle School Competition Cheerleading activities for the 2021 - 2021 cheerleading season.

I HAVE READ AND UNDERSTAND THE ABOVE POLICIES FOR PARTICIPATION ON THE ARVIDA COMPETITION CHEERLEADING SQUAD, AND I ACCEPT THEM AS GOVERNING MY PARTICIPATION. WE REALIZE THAT THE SELECTION OF THE TEAM IS FINAL AND THAT THE JUDGES' SCORES AND COMMENTS WILL NOT BE VIEWED OR DISCUSSED.

PARENT SIGNATURE

PARTICIPANT SIGNATURE

ARVIDA MIDDLE SCHOOL COMPETITION CHEERLEADING APPLICATION

(To be completed by prospective cheerleader – NOT by the parent)

Name: _____ ID # _____

Current School: _____

***** ATTACH REPORT CARD AND PICTURE (NOT in cheer attire and no bigger than 2 x 3) *****

Absences: _____ Tardies: _____ this school year.

Current Grade Level (circle): 5th 6th 7th

Do you have any cheerleading experience? If yes how long have you been cheering?
What team or group have you cheered for?

Do you have any tumbling experience? If yes, what skills?

Do you have any additional talents? (dancing, tumbling, etc.- explain your cheerleading skills)

Are you or do you plan to become involved in any other extracurricular activities besides cheerleading? If so, please note activity.

PARENT SIGNATURE

PARTICIPANT SIGNATURE

2021 - 2022

ARVIDA MIDDLE SCHOOL COMPETITION CHEERLEADING

Practices are at the following location:

Evolution Cheer Gym
11921 SW 130th St Suite 405
Miami, FL 33186

Post Parent Meeting: The first **MANDATORY** parent/cheerleader meeting will be held on Thursday, May 27th, 2021, at 7:00 pm. Attendance by parents and cheerleaders is **MANDATORY**. If a parent does not attend without the prior approval of the sponsor, the cheerleader will be dismissed from the squad.

First Deposit: Parents will be required to make the first payment of \$350.00 via CashApp by June 1st, 2021.

Camp Dates: SAVE THE DATES: August 16,17,18th there will be a **MANDATORY** cheer camp, 7AM-4PM. Lunch will be provided. August 19th, 7-12 noon (lunch not included).

Choreography Dates: SAVE THE DATES: Cheerleaders are expected to attend Choreography Clinics, held at the cheer gym from 9:00 a.m. to 4:00 p.m. This will be held in September 25-26th. Details will be given at a later date once we have more information.

Competitions: We will compete in at least 3 to 4 local competitions and 1 National competition out of the tri county area. It is mandatory to attend all competitions.

First Team Practice: The first mandatory practice will be held on Wednesday, August 25th, 2021, at the Evolution cheer gym from 4:30 PM to 7:00 PM.

Practices: Practices will be held Mondays and Wednesdays at Evolution Gym. Mondays and Wednesdays from 4:30 PM to 7:00 PM. (additional practices will be added before competitions). Spirit practice will be held once or twice a month on Tuesdays from 4:00 PM to 5:30 PM at the school. All practices are mandatory unless excused **24 hours** in advance, by the sponsor and coaches. Additional practices will be scheduled as deemed necessary by the sponsor/coaches.

Tumbling Privates: Athletes will be required to take one (recommended two) private tumbling class every month. Prices will be forthcoming.

PARENT SIGNATURE

PARTICIPANT SIGNATURE

2021 – 2022

Budget (Approximately)

The information below is an approximate budget for the year.

Deposit 1 - DUE JUNE 1st

Mandatory Practice Uniform Items:	Total
2 Practice Shirts & Shorts sets	\$ 85.00
2 Practice Bows	\$ 20.00
Practice Sneakers	\$ 60.00
Cheer Camp & Competition Music	\$ 185.00
	\$ 350.00

Deposit 2 - DUE August 16th

Mandatory Practice Uniform Items:	Total
Competition Uniform	\$ 300.00
Competition Shoe	\$ 70.00
Competition Bow	\$ 20.00
	\$ 390.00

Deposit 3 - DUE September 25th

Choreography & Accessories:	Total
Choreography (2 days with lunch)	\$ 140.00
Cheer Bag w/ name embroidery	\$ 35.00
Warm ups (complete set)	\$ 85.00
	\$ 260.00

GYM FEES *paid directly to the gym*

Registration Fee (paid once)	\$ 50.00
Monthly Gym Fees (September- May; 9 months)	\$ 100.00
	\$ 950.00

Cheer Competition Fees: 4 home & 1 away (to be paid closer to competition dates) \$ 550.00

Total Approximate Fees: \$ 2,500.00

*Parents will be required to buy a parent shirt for competition at \$15 each.

If an athlete is dismissed or quits from the squad, there will be no refunds of paid funds.

NOTE: Fundraising will take place to alleviate some of the costs. Every athlete and parent have the right and is expected to participate in all fundraising events. The booster club, which is assembled by the parents, is responsible for fundraising, with the help of the cheerleaders, to minimize costs, **Except for the uniform costs.**

PARENT SIGNATURE

PARTICIPANT SIGNATURE

2021 - 2022
ARVIDA MIDDLE SCHOOL COMPETITION CHEERLEADING
APPLICATION CHECKLIST

Have you turned in the following?

A COPY of your report card for 2020 - 2021 with the first three grading periods.
A picture of yourself (NOT in cheer attire and no bigger than 2 x 3)

ALL PAGES: Must be signed by both parent and participants

Tryout numbers can be decorated to show your school spirit. Please be sure to attach your tryout number to your shirt or shorts with a safety pin.

*REMEMBER, CHEERLEADERS MUST BE ABLE TO FOLLOW DIRECTIONS.
THEREFORE, TAKE YOUR TIME AND TURN IN ALL REQUIRED PAPERWORK ON TIME.